



# Washington Caldwell School Lunch Menu

November  
2019

Fresh Vegetables and Seasonal fruits are offered daily at the Garden Bar

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|--|---|--|---|---|
| <p>ChooseMyPlate.gov</p>   |   |  |   | <p>1</p> <p>No school!</p>  |
| <p>4 <b>**Treat**</b></p> <p>French Toast Sticks<br/>Sausage Patty</p> <p>Sloppy Taco Sandwich</p> <p>Yogurt Pak with Bagel</p> <p>Tator Tots<br/>Rice Krispie Treat</p> | <p>5</p> <p>Macaroni &amp; Cheese - Entree</p> <p>Turkey BLT Flatbread</p> <p>Yogurt Pak with Bagel</p> <p>Sweet Potato Fries</p>   | <p>6 <b>National Nacho Day</b></p> <p>Beefy Nacho</p> <p>BBQ Meatball Sub</p> <p>Yogurt Pak with Bagel</p> <p>Spicy Pinto Beans</p>          | <p>7</p> <p>All American Burger</p> <p>Chicken and Cheese Quesadilla</p> <p>Yogurt Pak with Bagel</p> <p>California Blend Vegetable</p>   | <p>8 <b>New Item!</b></p> <p>Pizza Dippers</p> <p>Chicken Waffle Sandwich</p> <p>Yogurt Pak with Bagel</p> <p>Roasted Broccoli</p>  |
| <p>11 <b>Veteran's Day</b></p> <p>Waffle Sticks<br/>Eggs</p> <p>Ham, Egg &amp; Cheese on Bagel</p> <p>Yogurt Pak with Bagel</p> <p>Tator Tots</p>                        | <p>12 <b>HOM Bay Leaf</b></p> <p>Grilled Cheese Sandwich</p> <p>Corn Dog</p> <p>Yogurt Pak with Bagel</p> <p>Beef Vegetable Soup<br/><b>**New item**</b></p>                              | <p>13</p> <p>Pepperoni Pizza</p> <p>Meatloaf<br/>Whole Grain Dinner Roll</p> <p>Yogurt Pak with Bagel</p> <p>Mashed Potatoes &amp; Gravy</p> | <p>14</p> <p>Walking Taco</p> <p>BBQ Pulled Pork Sandwich</p> <p>Yogurt Pak with Bagel</p> <p>Spicy Pinto Beans</p>   | <p>15 <b>**Cookie**</b></p> <p>Parmesan Popcorn Chicken Bites</p> <p>Cheeseburger on Bun</p> <p>Yogurt Pak with Bagel</p> <p>Green Beans<br/>Buttered Noodles<br/>Chocolate Chip Cookie</p> |
| <p>18</p> <p>Pancakes<br/>Strawberry Topping</p> <p>Hotdog on Whole Grain Bun</p> <p>Yogurt Pak with Bagel</p> <p>Easy Egg Bake<br/>Tri Tater</p>                        | <p>19 <b>HOM Broccoli</b></p> <p>Crispy Chicken Nuggets<br/>Whole Grain Dinner Roll</p> <p>Philly Flatbread</p> <p>Yogurt Pak with Bagel</p> <p>Broccoli Salad</p>                        | <p>20 <b>New Item!</b></p> <p>Cheese Pizza</p> <p>Fiesta Taco Mac</p> <p>Yogurt Pak with Bagel</p> <p>Black Beans</p>                        | <p>21 <b>**Brownie**</b></p> <p>Crispy Chicken Sandwich</p> <p>Roast Turkey &amp; Gravy</p> <p>Yogurt Pak with Bagel</p> <p>Mashed Potatoes &amp; Gravy<br/>Green Beans</p> <p>Homemade Brownie</p> | <p>22</p> <p>Classic Cheeseburger Basket</p> <p>Fish Sandwich with Cheese</p> <p>Yogurt Pak with Bagel</p> <p>Kettle Potato Chips</p>   |
| <p>25</p> <p>French Toast Sticks<br/>Sausage Patty</p> <p>Hotdog on Whole Grain Bun</p> <p>Yogurt Pak with Bagel</p> <p>Potato Wedges</p>                                | <p>26 <b>HOM Dates</b></p> <p>Crispy Chicken Tenders<br/>Soft Pan Roll</p> <p>Cheeseburger on Bun</p> <p>Yogurt Pak with Bagel</p> <p>Golden French Fries</p> <p>Oatmeal Date Squares</p> | <p>27 <b>Thanksgiving Break</b></p> <p>No School!</p>  | <p>28 <b>Thanksgiving</b></p> <p>No School!</p>   | <p>29 <b>Thanksgiving Break</b></p> <p>No School!</p>   |

|                    |              |        |
|--------------------|--------------|--------|
| <b>INFORMATION</b> | Regular      | \$3.15 |
|                    | Reduced      | \$0.40 |
|                    | Adult        | \$3.80 |
|                    | Milk         | \$0.40 |
|                    | Extra Entree | \$2.25 |

**EXTRA INFO**

Milk choice of 1%, Skim or Chocolate Skim is included with lunch. Questions or comments contact Chrissy Koerner FSD at 262-971-1790 x 4522 or Chrissy.Koerner@Muskegonorway.org Taher Inc is hiring visit <https://taher.jobs.net/>



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